

## Administrative Review Training

Maine Department of Education Child Nutrition Team September 17, 2019

#### Reviews

- We are now on a 5 year cycle
- Federally Required Reviews
  - Administrative Review
  - Procurement Review
- Both reviews are done during the same year
- Follow-up reviews may take place as necessary



#### Review Timeline

Letter notifying superintendent Email director with review details Submit off-site documentation Pre-review phone call On-site review/Exit conference Review report/Corrective action form SFA response to corrective action Final letter to close review



## Off-site Paperwork

#### Required documents:

- Online Off-site Assessment Tool via CNPWeb
- Pre-visit Information Packet



### Child Nutrition Website

#### Administrative and Procurement Reviews

The Administrative Review and Procurement Reviews are now on a five year cycle and conducted concurrently. Follow-up reviews and high risk districts reviews may be necessary in addition to the five year cycle.

#### SY 2020 Review Schedule

Please see the <u>School Review Schedule SY 2020</u> (pdf) to mark your calendar and use the following documents to prepare for the review process.

NOTE: Due to findings, complaints, or other information provided to the state agency additional reviews may be added.

#### Required Documents to Submit for the Administrative Review

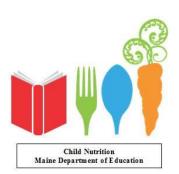
Beginning SY20 Child Nutrition will be implementing a new online review process using CNP Web; <a href="https://www.cnpwebsite.com/Maine/Login">https://www.cnpwebsite.com/Maine/Login</a>. The Off-Site Tool and Corrective Action will be completed using this system. User names are first initial and last name all lowercase (aackroyd) and the password at first login is "Password1". After the first login, you will be prompted to change your password. If you are unable to login, please contact Nanci at nanci.kittredge@maine.gov. Below is an Administrative Review Quick Guide with directions and screenshots on how to use this new tool.

- CNP Web Administrative Review Quick Guide for SFAs
- SY 2020 Administrative Review Pre-Visit Information Packet (doc)

#### Required Document to Submit for the Procurement Review

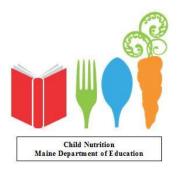
- SY 2020 SFA Procurement Review Packet
- SY 2019 Vendor Paid list for the School Nutrition Department
- The District/School Nutrition Department's Procurement Code of Conduct
- The District/School Nutrition Department's Procurement Procedures
- <u>Sample Procurement Procedures and Code of Conduct Template</u> (doc)

The following information will be requested after the above documents have been reviewed:



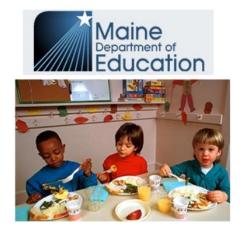
#### **CNPWeb**

- <u>CNPweb</u> is the new Administrative Review Software
- It replaces the traditional off-site tool
- User Name: first initial last name (Jane Doe = jdoe)
- Password upon first login: Password1
- Contact reviewer if it does not work



### **CNPweb**





Child and Adult Care Food Program

Sign In			
Enter User Id:			
1			
Enter Password:			
-			
Login			

Child Nutrition

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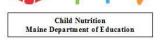
## On Site Sample Schedule For Two Day Review

#### **Day One**

- Arrive at Director's office and review applications, verification & paperwork
- Prior to lunch service, arrive at the kitchen to observe documents, production, and meal service
- Verify accountability
- Continue review of paperwork
- Review Afterschool Snack if applicable

#### **Day Two**

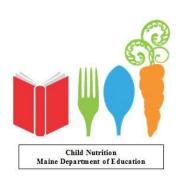
- Arrive at second school and observe breakfast
- Review financials and finish paperwork
- Review FFVP if applicable
- Observe lunch at second school
- Exit interview with superintendent/designee



### **Review Areas**

- Meal Access & Reimbursement\*
  - Performance Standard 1
- Meal Pattern & Nutritional Quality\*
  - Performance Standard 2
- Resource Management
- General Program Compliance
- Other Federal Program Reviews

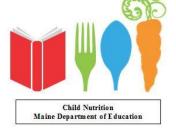




#### PS1: Meal Access & Reimbursement

# Certification & Benefit Issuance Verification Meal Counting & Claiming

Verifying that meals claimed for reimbursement were served only to eligible students.



#### PS1: Meal Access & Reimbursement

#### Certification & Benefit Issuance:

Reviewing the certification of meal benefits to ensure eligible students receive the benefits for which they are entitled and the claims for federal reimbursement are valid



## Question

How long does the applications approval process take from the date the SFA receives the application from the household?



## Certification and Benefit Issuance

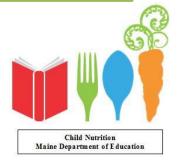
#### Off-site



- Answer questions in Off-site Assessment
- Send benefit issuance file (Excel)
- Send additional documentation

#### **On-site**

- Review student eligibility documents
  - Applications
  - DC lists
  - Letters
- Review denied applications



#### Benefit Issuance Documentation

Electronic list (Excel) of <u>all</u> free and reduced priced students in the <u>district</u>

- Do not include withdrawn or paid students
- List to be pulled from the Point of Service (POS)
- List should be pulled during the Review Period/Review Month



### Benefit Issuance Documentation

- Student Name
- Eligibility Status
- Method of approval (Income, Foster, DC, ...)
- Date of approval
- School



## Off-site Benefit Issuance Documentation

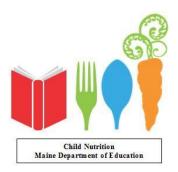
#### Sample Benefit Issuance List

Student Name	Benefit Status	Method of Certification	School Name	Approval Date
Walter Beesley	F	DC	Smith ES	9/2/2015
David Hartley	R	Income Application	Harrison MS	8/30/2015
Sarah Platt	F	SNAP Application	Jones HS	9/10/2015
Gail Lombardi	F	Foster	Jones HS	9/2/2015



## On-site Benefit Issuance Documentation

- Approved meal benefit applications
  - How do you sort and store applications?
- Denied meal benefit applications
- Direct certification lists
- Homeless/Migrant/Head Start lists
  - New application has check box for Homeless/Migrant.



## Question

 How are eligibility determinations transferred to the benefit issuance document?



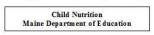
## Question

 How are benefit issuance document(s) transferred to the point of service system?



## Common Review Findings

- √ 30 day carryover not implemented correctly
- ✓ Incomplete Applications
- ✓ Miscategorized Applications- math errors
- ✓ Incorrect SNAP/TANF number
  - √ Format must be 8 digit plus letter
- ✓ Missing documentation (Keep <u>ALL</u> DC lists)
- ✓ Not converting to annual income when different frequencies of income are reported
- ✓ Incorrect non-discrimination statement on letter sent home
- \$ \$ \$ \$ \$ \$ \$ \$



#### Verification

#### Off-site



 Answer questions in Off-site Assessment

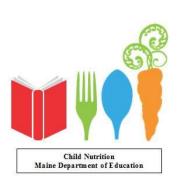
#### **On-site**

- Review:
  - Verified Applications
  - Tracking documentation
  - Letters
  - Income documentation



### Verification

- Was it completed on time?
- Used correct method (error prone)
- Compare verification report to documentation
- Follow-ups were made (use tracking form)
- Notification letter met standards
- Copies of all correspondence kept
- Eligibility status changes



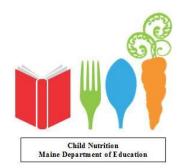
## Verification

#### Internal Use Only

#### HOUSEHOLD FILE CONTROL FORM

Head of Household Name:	
Date Selected:	Notification Sent:
Response Due:	Second Notice Sent:
Response Due:	Mis sing Information:
DOCUMENT ALL TELE	PHONE CONTACTS ON REVERSE SIDE OF THIS PAGE
Date Reduction/Termination Notice	Sent:
Food Stamp/TANF Household	Income Household: \$ Monthly
Confirmed By -	Confirmed by -
[] Predetermined Eligibility List	[] Wage stubs
[] Food Stamp/TANF Office	[] Written documents (Explain below)
[] ATP Card	[] Collateral Contacts (Explain below)
[] Other:	[] Agency Records
[] Eligibility not confirmed	[] Other:
Explanation:	
Verification Result:	
[] No Change [] Reduced to Free	[]Free to Reduced [] Ineligible
[] Food Stam	me [] Refused to Cooperate p/TANF Eligibility Not Confirmed lude self denial
Signature of Verifying Official:	

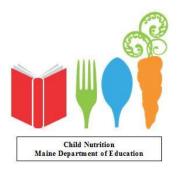
Verification Notification and Tracking Forms
<a href="https://www.maine.gov/doe/schools/nutrition/s">https://www.maine.gov/doe/schools/nutrition/s</a>
<a href="tudenteligibility">tudenteligibility</a>



### Common Verification Errors

- ✓ Did not use the correct method
  - Must be error prone unless receive permission
  - Mark the Error prone applications when approving
- ✓ Incorrect sample size- double check the math!
  - A family application who is on direct cert is NOT included in the number of applications
- ✓ Not following timeline protocol
- ✓ Eligibility changes not made timely
- ✓ Incorrect math used with paystub





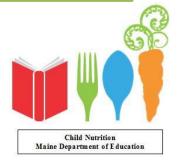
#### Off-site



- Complete & review questions in Off-site Assessment Tool
- Review Claim from the Review Period

#### **On-site**

- Review meal counts by day for review month
- Review edit checks
- Observe POS procedures
- Meal counts for day of review



#### PS1: Meal Access & Reimbursement

#### **Meal Counting & Claiming**

- Electronic or Manual System
- A point of service system that accurately counts reimbursable meals by category (F/R/P) at each school
- Reimbursable meals were consolidated accurately at each school and at the SFA
- Correct meal counts were used in the Claim for Reimbursement



#### **Off-Site Questions**

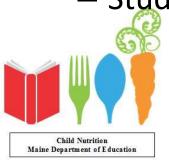
- What type of back-up system is in place?
- How often are cashiers and substitute cashiers trained?
- At the end of meal service, how does the SFA obtain meal counts by category from the POS?



#### **Off-Site Questions**

- Offer versus Serve
- Incomplete Meals
- Second Meals
- Visiting Student Meals
- Adult/Non-studentMeals
- Student Worker Meals

- A la carte Sales
- Field Trips
- Lost/forgotten IDs/Tickets
- Charging/Pre-paid Meals
- Students without funds
- New students without approved benefits



#### **Off-Site Questions**

 What internal controls are in place to ensure meal counts do not exceed enrollment or attendance adjusted enrollment?



## **Edit Checks**

A	D	C	U			G	п		, , , , , , , , , , , , , , , , , , ,		L		l IN Elementary	95%		
Eliglable Fre	ee:	176	Eligible	Reduced:		35	Attendan	ce Factor:		95%			Secondary	93%		
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						<u>.</u>										1
YEAR												PRE K/K				_
)		JNCH/EDIT						ADULT LU	NCHES	TOTAL		MILK PRO			COMMENTS	+
MONTH	Maximu n	168	Maximum Reduced:		_		TOTAL		ALL			FREE				+
WONT	111	WORKERS	r reduced.	WORKERS		WORKERS	MEALS TO	ADLUT	OTHER	MEAL	MILK					+
	FREE	FREE	DEDUCES	HEDUCED	PAID	PAID		WORKERS		COUNT	SERVED	FREE	PAID	ADULT		1
DATE			$\Lambda$													]
08/30/17	125	0	22	0	50	0	197	2	4	203						
08/31/17	110	0	23	0	55	0	188	2	3	193						
09/01/17	136	0	25	0	53	0	214	2	3	219						1
09/05/17	135	0	21	0	59	0	215	2	4	221						1
09/06/17	127	0	21	0	62	0	210	2	4	216						1
09/07/17	160	0	22	0	51	0	233	2	4	239						1
09/08/17	155	0	25	0	50	0	230	2	3	235						1
09/11/17	153	0	27	0	49	0	229	2	1	232						1
09/12/17	157	0	20	0	55	0	232	2	4	238						1
09/13/17	132	0	29	0	53	0	214	2	5	221						1
09/14/17	169	0	29	0	52	0	250	2	4	256						1
09/15/17	152	0	30	0	59	0	241	2	4	247						1
09/18/17	200	0	33	0	62	0	295	2	6	303						1
09/19/17	136	0	34	0	63	0	233	2	4	239						†
09/20/17	135	0	26	0	65	0	226	2	3	231						†
09/21/17	127	0	35	0	57	0	219	2	1	222						†
09/22/17	160	0	33	0	52	0	245	2	2	249						1
09/25/17	155	0	27	0	51	0	233	2	4	239						†
09/26/17	153	0	20	0	56	0	229	2	4	235						†
09/27/17	157	0	29	0	59	0	245	2	5	252						†
09/28/17	132	0	29	0	60	0	221	2	3	226						
09/29/17	169	0	30	0	61	0	260	2	2	264						
03/23/11			+ 55		01		0			0						
	2225	0	500	0	4004	0		44	77		0	0	0	0		
TOTALS:	3235	0	590	0	1234	0	5059	44	11	5180	0	0	0	0		
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#### **On-Site Procedures**

- Validating information on SFA-SA Agreement
- Validate Claim for Reimbursement
- Observe POS Procedures
  - Oversight at POS ensuring accurate meal counts
  - Eligibility Category
  - Without Overt Identification
  - Alternate serving locations (classroom)



## Meal Counting & Claiming: Common Findings

- Inaccurate meal counts on the claim
- Lack of training for person at POS
- Alternate serving locations (Pre-K meals or Breakfast in the Classroom)
  - Train teachers
  - Consistent monitoring to ensure requirements are being followed

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#### **Corrective Action**

- Describe in detail how the finding was corrected
- Fiscal Action for inaccurate meal counts

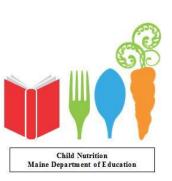




## PS2: Meal Pattern & Nutritional Quality

# Meal Components & Quantities Offer vs. Serve Dietary Specifications & Nutrient Analysis





## PS2: Meal Pattern & Nutritional Quality

#### SFAs agree to:

- Offer students the required meal components in the required quantities
- Allow students to select required meal components on <u>all</u> reimbursable lines
- Record/claim <u>only</u> those meals that contain required components in required quantities

Child Nutrition

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## PS2: Meal Pattern & Nutritional Quality

#### Off-site



#### SFA will send:

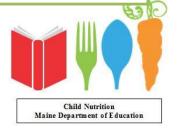
- Menus
- Completed production records
- Component crediting documentation
- Recipes, labels, etc.

#### Reviewer:

Meal Compliance Tool

#### **On-site**

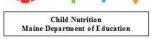
- Observe breakfast & lunch preparation
- Observe breakfast & lunch service
- Validate the off-site review



## Meal Components & Quantities

#### **Off-Site: Documentation**

- Menu (breakfast, lunch)
- Production Records (complete)
- Standardized Recipes food component contribution, ingredients, serving size, yield
- Crediting Information
  - Nutrition Labels (ingredients and nutrition facts)
  - Child Nutrition (CN) Labels
  - Manufacturer's Product Formulation Statements
- Review before submitting can you determine how everything credits?
- Submit by deadline to reviewer



# Meal Components & Quantities

**Off-Site: Documentation** 

Organize documentation in order by day

Monday's Menu: Breaded Chicken Patty on a WG Bun, Broccoli, Carrot Sticks, Strawberry Cup, Milk Choice

#### Folder should contain:

- Completed PR from Monday
- Product documentation including:
  - CN label for Chicken Patty
  - Ingredient & nutrition facts label for the roll
  - Indication of serving size on PR for fruits & vegetables
  - Labels for milk



## Sample Complete Production Record

#### Lunch Production Record Menu: Shepherd's Pie w/ WG Biscuit or

Preparation Site: \_\_DOE High School

OvS: Yes X No \_\_\_\_\_

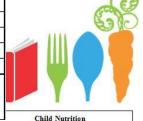
Date: 9 / 27 / 2015

Grades \_\_\_\_9-12\_\_\_

Shepherd's Pie w/ WG Biscuit or Deli Bar Salad Bar Grapes Mixed fruit Milk Variety

LUNCH TOTALS						
	MEALS PLANNED	MEALS SERVED				
STUDENT						
MEALS						
ADULT MEALS						
TOTAL MEALS						

TEMPS			MPS	1PS COMPONENT CONTRIBUTIONS										SERVINGS		I	
MENU ITEMS AND CONDIMENTS	RECIPE OR PRODUCT (Name or #)	SERVING SIZE/UTENSIL	After Cook	Start of Service	Meat/MA	Grain/ Bread	Fruit	Dark Green Vegetables			Starchy Vegetables	Other Veg	Total Vegetables		Adult/ A la Carte	AMOUNT LEFTOVER	PRODUCTION NOTES
Deli Bar:																	
Sliced Ham	USDA	1.22 gz			1												Sandwiches with no cheese (meat
Sliced Turkey	USDA	1.6 gz			1												get double meat (cheese).
American Cheese	USDA, .5 oz ea	2 slices			1												
Provolone Cheese	Cheese Head, 1 oz	1 slice			1												
WG Sandwich Bread	CK #546, 28g/slice	2 slices				2											
WG Sub Roll	CK #269, 70g ea	1 gg				2.5											
WG Wrap, 10"	Wrappy, 56g	1 ea				2											
Shepherd's Pie	USDA D-43	1 piece			2							% c	% с				
WG Biscuit	Pby #5495	1 each				2											
Salad Bar	SB recipe #1	1 Cup						.5	.5	.5	.5	.5	2.5				
Mixed fruit, canned	USDA	½ cup					.5										
Grapes, fresh	Apple Farm	1/2 C					.5										~14 = ½ cup
Salad Dressing, If	Recipe #102	2T															
	Minimum Daily Lunch	Compon	ent T	otals	2	2	1	.5	.5	.5	.5	.5	2.5	Directo	wouldg	ive to kit	uction record that a chen staff to complete or
Weekly component Totals									the day	of service	е.						



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## On-Site: Meal Components & Quantities

#### Meal Observation – Day of Review

#### **Prior to Meal Service**

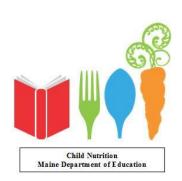
- Will the meal pattern be met?
- Review menu & production records
- Review 'general areas'

#### **During Meal Service**

- Observe POS
- Checking that meals claimed are done so correctly

#### **After Meal Service**

Obtain meal counts by eligibility



## Meal Components and Quantities

#### **Offer Versus Serve**

- Signage explaining how to select a reimbursable meal – include requirement to select ½ cup f/v
- Staff at POS trained and able to recognize a reimbursable meal



## Meal Components and Quantities

#### **Dietary Specifications & Nutrient Analysis**

- Dietary Specifications Tool (SFA)
- Determines if Nutrient Analysis is necessary
- Based on menu documentation submitted and on-site observation (reviewer)



## Meal Components & Quantities

#### **Common Findings**

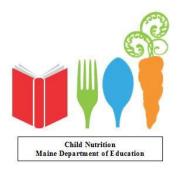
- ✓ Insufficient quantities of a component offered
- ✓ Missing meal components
- ✓ OvS not implemented correctly
- ✓ Unallowable milk substitutions
- ✓ Incomplete production records
- ✓ Lack of Standardized Recipes
- ✓ Field Trip/Bag Lunches accountability & meal pattern

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## Meal Components & Quantities

#### **Corrective Action**

- Describe in detail how the finding was corrected
- Attach Documentation
- Fiscal Action for missing meal components and some repeat violations



### Recommendations

- ✓ Check menu & production records
  - ✓ Daily/weekly minimums
- ✓ Credit components correctly
- ✓ Observe meal service
  - ✓ Is the kitchen following the meal as planned?
  - ✓ Can staff accurately identify a reimbursable meal at the POS?
- ✓ Plan a 2 G/2 M/MA every day



### Water

- Free, potable water must be available to students
  - Breakfast
  - Lunch



## **Production Record Activity**

You are the reviewer for DOE school. They have submitted their production records, recipes and food labels as part of the Off-site assessment packet. Use this information to answer the questions below.



## Resource Management

# Maintenance of the non-profit school food service account

Paid Lunch Equity

Revenue from Non-program Foods

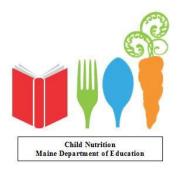


**Indirect Costs** 



# Maintenance of Non-Profit School Food Service Account

- Only allowable costs are charged to the food service account
- Documentation of program revenues and expenses
  - Income and expense detail report
  - Sample of invoices/timecards



# Paid Lunch Equity

- Was the paid lunch equity tool completed correctly?
- Was the minimum weighted average price charged?
- Did the SFA use non-federal funds?
  - If so, need to do more in depth review in this area



## Revenue from Non-Program Foods

- Applies to: a la carte, catering (within the school or outside organizations), vending, school stores, adult meals, etc.
- What is the procedure and controls for ensuring all revenue is deposited into the food service account?



# Adult Meals & Pricing

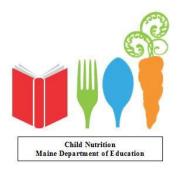
- Price must be greater than per meal cost
  - If not, difference must be offset by non-federal funds (i.e. town support, general fund)

Only food service staff may receive free meals



### **Indirect Costs**

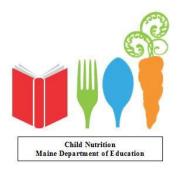
- Cannot charge indirect costs to food service program without prior approval.
- Includes:
  - Utilities (propane) unless separate meter
  - Percentage of staff time to food service account
    - i.e. custodian, van driver



## Common Findings

- Paid lunch equity tool not done correctly
- Not reporting costs accurately
- Propane, utilities (indirect costs) charged to program

A la Carte losing money



## General Program Compliance

- 1. Civil Rights
- 2. Food Safety
- Local Wellness Policy
- 4. Smart Snacks Competitive Foods
- 5. SFA On-site monitoring
- 6. Reporting and Recordkeeping
- 7. Professional Standards
- 8. Other Program Reviews (FFVP, ASSP, SMP)





# Civil Rights



First item we look for and so should you...

 Posted where your customers can see it

 Make sure you have the newest copy!

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## Civil Rights

- "And Justice for All" poster
- Non-discrimination statement
  - Need permission to use short statement
- Procedures for receiving and processing civil rights complaints within FNS programs
- Documentation for <u>annual</u> civil rights training for staff
- Accommodating students with special dietary needs



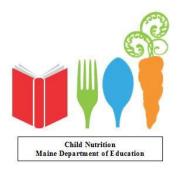
# General Program Compliance

Food Safety



### On-Site Documentation

- Food Safety Plan (SOP's):
  - Should be customized for each site
  - Customizable <u>sample</u> from ICN (NFSMI)
- Recordkeeping: Temperature logs, calibration logs
- Certified Food Protection Manager (ServSafe)

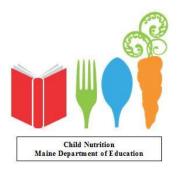


### On-Site Documentation

Health Inspections

- Must post recent health inspection in visible location (post a copy, not the original)
- Keep on file old health inspections

USDA requires two per year.



### **On-Site Observations**

#### Kitchen & Storage areas

- Proper personal hygiene- refer to SOP
- Cleaning/sanitizing procedures
- Food stored 6 inches off the floor
- Ghost trays <u>are</u> required by DOE



# Local Wellness Policy

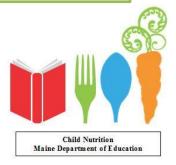
#### Off-site



- Off-site Assessment Tool: #1000-1006
- Submit copy of current wellness policy or link to policy on district website

#### **On-site**

 Validate policy is implemented



# Local Wellness Policy (LWP)

- Each local educational agency that participates in the National School Lunch Program is required by federal law to establish a local school wellness policy for all schools under its jurisdiction
- Ensuring the required elements are in place is part of the review process

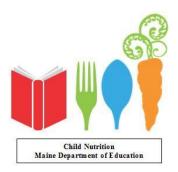
Child Nutrition

If not, corrective action is needed

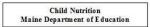
- Where can the policy be found?
  - -Must be available for public view
    - Example: Website
- When was last updated/assessed?
  - Policies must be assessed every three years

#### For:

- Compliance with the wellness policy
- Progress towards meeting goals



- Measurable goals for:
  - Nutrition Promotion
  - Nutrition Education
  - Physical Activity
  - Other school-based activities to promote student wellness
- Nutrition guidelines for all foods and beverages available, including
  - Food Items <u>sold</u> to students meet Smart Snacks standards
  - Addresses foods and beverages not sold to students during the school day (e.g. classroom parties and rewards)



The Wellness Policy must address food and beverage marketing.

Brand-specific advertising of food or beverages is prohibited in school buildings or on school grounds except for food and beverages meeting standards for sale (Smart Snacks) or distribution on school grounds in accordance with rules adopted under subsection 2. For the purposes of this subsection, "advertising" does not include advertising on broadcast media or in print media such as newspapers and magazines, clothing with brand images worn on school grounds or advertising on product packaging.

Child Nutrition

Maine Department of Education

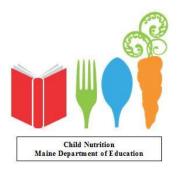
-Have a team in place for the development, implementation, review of the policy. The team may include:

Parents Students

School Food Service Health Professionals

Administrators School Board members

-Designate one school official to ensure the district complies with the wellness policy



### Finally!

- Inform and update the public on the content and implementation, including progress made in meeting the goals of the policy.
  - Examples: school board meetings, website



#### LWP Resources

- MSMA sample wellness policy
- Wellness policy checklist-Does your wellness policy measure up?

#### Does Your Wellness Policy Measure Up?

A local school wellness policy is a written document that guides a local educational agency (LEA) or school district's efforts to establish a school environment that promotes students' health, well-being, and ability to learn. This optional checklist can be used to review and update your district's wellness policy to ensure it meets all requirements as written in section 204 of Public Law 111-296 Local School Wellness Policy Implementation.

☐ District has a current wellness policy. It can be found online at:	
□ Date it was last undated:	

- ☐ Wellness policy includes measurable goals for:
  - nutrition promotion
  - nutrition education
  - physical activity
  - o other school-based activities to promote student wellness
  - nutrition guidelines for all foods and beverages available during the school day including
    - -Smart Snacks in School nutrition standards for items <u>sold</u> to students.
      -Polices for foods and beverages, not sold to students, but available throughout the school day (e.g. classroom parties, foods given as reward, classroom snacks,
- ☐ Wellness policy addresses **food and beverage marketing**. Maine State statute is as follows:

  §6662. Foods outside school meal program
  - 3. Food and beyerage advertising. Brand-specific advertising of food or beverages is prohibited in shool buildings or on school grounds except for food and beverages meeting standards for sale or distribution on school grounds in accordance with rules adopted under subsection 2.

For the purposes of this subsection, "advertising" does not include advertising on broadcast

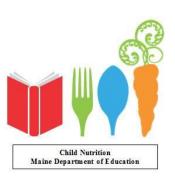


# **Smart Snacks/Competitive Foods**

Standards that pertains to any food and beverage sold to students at school during the school day.

#### Including:

- a' la carte items
- vending machines
- school store



### **Smart Snacks**



MENI

#### A Guide to Smart Snacks in School

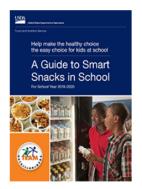
HOME > TEAM NUTRITION

#### Resource Type

Nutrition Education

#### **Resource Materials**

**PDF** 



This publication, A Guide to Smart Snacks in School, was updated for School Year 2019–2020. It is a helpful resource for anyone managing school vending machines, fundraisers, or snack bars to better understand the Smart Snacks standards.

**Publication date:** July 2018. Slightly revised July 2019.

**Availability:** Download [PDF] [Order in Print] Printed materials are available only to schools, childcare

providers and summer meal programs participating in one of USDA's child nutrition

- USDA Guide to Smart Snacks in School
- https://www.fns.us da.gov/tn/guidesmart-snacksschools



# Smart Snacks Standards for Snacks and Entrée's

Nutrient	Snack	Entrée
Calories	200 calories or less	350 calories or less
Sodium	200 mg or less	480 mg or less
Total Fat	35% of calories or less	35% of calories or less
Saturated Fat	Less than 10% of calories	Less than 10% of calories
Trans Fat	0 g	0 g
Sugar	35% by weight or less	35% by weight or less



### Beverages



Remember: Sizes differ by grade grouping

Elementary Middle High School

With the exception of plan water – w/without carbonation, there is no size limit no size limit



#### Low- and No-Calorie Beverages (High School Only)

Low- and no-calorie beverages, with or without caffeine and/or carbonation; calorie-free, flavored water



"Lower Calorie" Maximum 40 calories/8 fl oz. Maximum 60 calories/12 fl oz. (Equivalent to 5 calories per fluid ounce).



"No Calorie" Less than 5 calories/8 fl oz. Maximum 10 calories/20 fl oz.



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# Alliance for a Healthier Generation Web Resources

**Smart Snacks Calculator** 

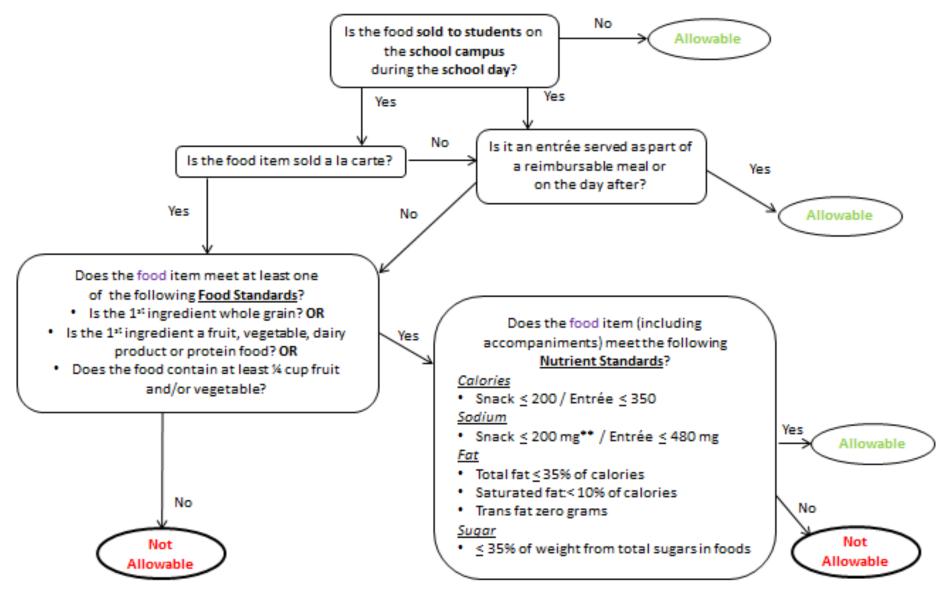
(https://foodplanner.healthiergeneration.org/calculator/)

List of foods that have been predetermined Smart Snacks compliant.

https://foodplanner.healthiergeneration.org/products)



# Smart Snacks in School Foods Flowchart



Adapted from CDE Office of School Nutrition



Serving size 37g

Calories: 120

Total Fat: **3g** 

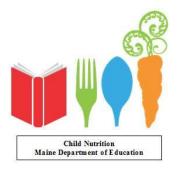
Saturated Fat: .5

Trans: **0g** 

Sodium: 125mg

Sugar:11g

Whole Grain Oats, Enriched Flour, Whole Wheat Flour, Vegetable Oil, Sugar,



#### My Product is a ...

- **②** :
  - a) Snack 🕕
- b) Side 6
- c) Entree 6
- d) Beverage 🐧

Serving size 37g

Calories: 120

Total Fat: 3g

Saturated Fat: .5

Trans: 0g

Sodium: 125mg

Sugar:11g

Whole Grain Oats, Enriched Flour, Whole Wheat Flour, Vegetable Oil, Sugar,



Is the first ingredient\* of your product a ...

- a) Fruit 🐧
- b) Vegetable 0
- c) Dairy 6
- d) Protein food 6
- 🕜 e) Whole Grain 🐧
- f) None of the above

Serving size 37g

Calories: 120

Total Fat: 3g

Saturated Fat: .5

Trans: 0g

Sodium: 125mg

Sugar:11g

Whole Grain Oats, Enriched Flour, Whole Wheat Flour, Vegetable Oil, Sugar,



Nutrition Facts Serving Size oz (about g) 37	
Amount Per Serving	
Calories 120	Calories from Fat
Total Fat (g) 0	
Saturated Fat (g) .5	
Trans Fat (g) 0	
Sodium (mg) 125	
Carbohydrates	
Sugars (g) 11	

Serving size 37g

Calories: 120

Total Fat: 3g

Saturated Fat: .5

Trans: **0g** 

Sodium: 125mg

Sugar:11g

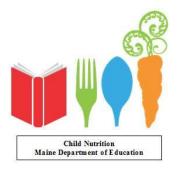


s for entrees or snack foods.
Serving Size
37.00 g
First Ingredient



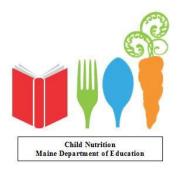
# Common Findings

- Mixed grade schools must follow most restrictive guidelines
- Non-compliant products
- Documentation that products are compliant
- Calories not posted at point of decision



# SFA On-Site Monitoring

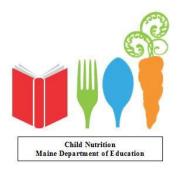
- Review of the counting and claiming system
- For districts with 2 or more schools
  - 50% of the schools that operate SBP
  - All sites with NSLP
- Prior to Feb 1<sup>st</sup>
- Implement any needed corrective action
- Sample form available on our website
  - Do not submit to DOE, maintain on file.



### After School Snack Service

- Completed twice a year.
  - First 4 weeks of program
  - 2<sup>nd</sup> review during the school year

Completed during the Service



# Fresh Fruit and Vegetable Program

- Completed by February 1<sup>st</sup> each school year
- Completed for each site operating.



# Reporting and Record Keeping

Records must be kept for 3 years plus current! (menus, production records, student applications...)

Financial records must be kept for 7 years



### **Professional Standards**

Hiring and training standards to ensure that school nutrition program personnel have the knowledge and skills to manage and operate the programs successfully.

- How is staff training being tracked?
- Is it in relevant areas?
- Are there other school staff that assist the school nutrition program?

### **Professional Standards**

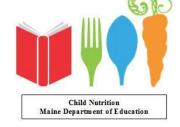
#### Off-site



- List of employees paid by the SN Account
- # hours worked
- Summary of training to date
- Plan for the year

#### **On-site**

 Validate training documentation for current/prior year





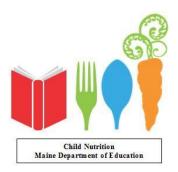
# Other Program Reviews

- School Breakfast Program
- Fresh Fruit & Vegetable Program
- Afterschool Snack Program
- Special Milk Program



# School Breakfast Program

- At the beginning of each school year, notification to households that this program is available.
- Review of offsite paperwork
- Onsite observation
  - Meal offered
  - Accountability



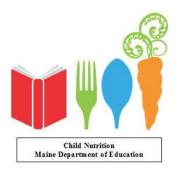
# Fresh Fruit and Vegetable Program

- Determine if FFVP guidelines are met
- Documentation is kept- invoices
- Widely publicized in school
- Food safety & sanitation
  - How are leftovers handled?
- Are you budgeting properly?
  - Visit our FFVP reports in NEO



# After School Snack Program

- Train staff that are overseeing the program and follow up
- Accountability is taken once snack is received
  - 2 different components = 1 snack
- Fruit/Vegetable offered is ¾ cup serving
- Self-Review twice a year
  - First 4 weeks
  - Prior to end of school year
  - Document



# Special Milk Program

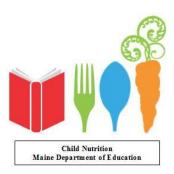
- Available only to half- day Pre-K and K who do not have access to breakfast or lunch
- Eligibility documentation must be kept
- Checklist by name if not all students qualify as free
  - Track number of free and paid milks



### Post Review Activities

- Exit Conference with Superintendent/Designee
  - Corrective Action Plan
  - Potential fiscal action

- Administrative Review Report & Corrective Action form sent
  - Emailed to superintendent & FS director
  - Mail a hard copy



### Corrective Action

- Any findings will result in corrective action
- SFA submits corrective action form outlining steps to correct issue in the future:
  - To be submitted by deadline
  - Signed by Superintendent



### Corrective Action & Final Letter

- State Agency reviews submitted corrective action
  - Is it complete?
  - Does it resolve the identified finding/s?

• If sufficient, a final letter sent to close review



### Fiscal Action

#### What is fiscal action?

- Recovery of overpayment
- Disallowance of meals

Assessed for meal application/benefit issuance errors and missing meal components



# Repeat Findings

- State Agency <u>must</u> assess fiscal action:
  - Missing vegetable subgroups over the course of the week
  - Only one type of milk is offered
  - Missing meal component
- State Agency <u>may</u> assess fiscal action:
  - Insufficient food quantities and/or whole grain foods

Child Nutrition

Maine Department of Education

#### Resources

**Admin Review Checklist** 

**Child Nutrition website- Review Information** 

https://www.maine.gov/doe/schools/nutrition/programs/nslp/ar

DOE Staff- David, Adriane, Sarah, Stephanie, Michele and Kate



# Questions?

